

BIATHLON CANADA COACHING DEVELOPMENT MODEL

Monday, June 23, 2008

Community Coaching (Bears Program, Intra-Club participants)

Bronze Coach

- What kind of coach is this: Parent-helper for a Biathlon Bears program
- Prerequisites: Membership with Biathlon Canada
- Materials Required: None
- How to become trained: 4 hour course taught by a Certified Gold Coach or a Community Coaching Learning Facilitator
- No certification is available for Bronze Coach, but successful candidates will receive a Bronze Coach pin and a certificate

Silver Coach

- What kind of coach is this: Assistant coach for a Biathlon Bears program
- Prerequisites: Some skiing knowledge, membership with Biathlon Canada
- Materials Required (all provided by the Learning Facilitator): Reference Material, Workbook, Action Card
- How to become trained: 8 hour course taught by a Certified Gold Coach or a Community Coaching Learning Facilitator
- How to become certified: [Silver Coach Mentoring Evaluation](#), [Community Coach Plan a Practice Evaluation](#)
- Rewards of Certification: Silver Coach pin, Certificate

Gold Coach

- What kind of coach is this: Head coach for a Biathlon Bears program
- Prerequisite: Some skiing (or running, or roller skiing, or snow shoe - depending on the delivery method) knowledge, membership with Biathlon Canada
- Materials Required (all provided by the Learning Facilitator): Reference Material, Workbook, Action Card, Waxing DVD, Ski Technique DVD, Promotional Video, Biathlon Bears Program CD
- How to become trained: 16 hour course taught by a Community Coaching Learning facilitator
- How to become certified: [Gold Coach Mentoring Form](#), [Community Coach Plan a Practice Evaluation](#), [Making Ethical Decisions Online Module](#), Valid Firearms License or Military ID
- Rewards of Certification: Gold Coach pin, Certificate; ability to facilitate Silver and Bronze courses.

Community Coaching Learning Facilitator

- What kind of coach is this: A divisional or regional coach who can train and evaluate new Bronze, Silver, and Gold Coaches
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- Materials Required: Gold Reference Material, Gold Workbook, Gold Action Card, Waxing DVD, Ski Technique DVD, Promotional Video, Biathlon Bears Program CD. Learning Facilitator Reference Material will be provided by the Master Learning Facilitator.
- How to become trained: 8 hour course taught by a Master Community Coaching Learning facilitator
- How to become certified: Apprentice Teach on two Gold Coaching Courses, approval by a Master Community Coaching LF
- Useful Tools: [Gold Coach Task Tracking Form](#)
- Rewards of Certification: Certificate, Ability to Facilitate Community Coaching Courses

Competitive Coaching (club, inter-club, provincial, and national levels)

Level 1 Coach (No longer offered - obsolete)

Level 2 Coach (will not be offered after March 2009 - replaced by Competition Introduction program)

- What kind of coach is this: Head Coach for a local or regional club program
- Prerequisite: Level 1 Certification or Gold Coach Trained or Certified
- Materials Required (all provided by the Learning Facilitator): Technical Manual Level 1 and 2, Biathlon Canada Handbook (IBU Rulebook), Shooting Cookbook, [LTADM vol 1](#) and [LTADM vol 2](#)
- How to become Trained: 16 hour technical course plus theory course plus practical evaluation

- How to become Certified: [Multisport Part A](#) and [Multisport Part B](#) theory course (or old Level 2 or 3 Theory course), Level 2 Technical course, [Level 2 Practical evaluation](#)
- Rewards of Certification: Certificate

Level 3 Coach

- What kind of coach is this: Head Coach for a division, Assistant coach for National Team tours
- Prerequisite: Level 2 Certification
- Materials Required: Technical Manual Level 1 and 2, Biathlon Canada Handbook (IBU Rulebook), Shooting Cookbook, [LTADM vol 1](#) and [LTADM vol 2](#). Technical Manual Level 3 will be provided by the Learning Facilitator. Rifle and skiing (or roller skiing) equipment will be required.
- How to become Trained: 4 day technical course plus theory course plus practical evaluation
- How to become Certified: [Multisport Part A](#) and [Multisport Part B](#) theory course (or old Level 3 Theory course), Level 3 Technical course, [Level 3 Practical evaluation](#)
- Rewards of Certification: Certificate, qualification to coach at Canada Winter Games, qualification to apply for assistant coaching positions with the National Team

Level 4 Coach

- What kind of coach is this: National Team Training Centre Coach
- Prerequisite: Level 3 certification, approval from the National Office
- How to become Trained: Begin completing Level 4/5 Tasks
- How to become Certified: Complete 12 (must include task #9 and #12) of the 21 [Level 4/5 Tasks](#)
- Rewards of Certification: Certificate, qualification to apply for coaching positions with the National Team

Level 5 Coach

- What kind of coach is this: National Team Coach
- Prerequisite: Level 4 certification, approval from the National Office
- How to become Trained: Begin completing the remaining Level 4/5 Tasks
- How to become Certified: Complete all of the remaining [Level 4/5 Tasks](#)
- Rewards of Certification: Certificate, qualification to apply for coaching positions with the National Team