



Aiming for Excellence

National Coaching Certification Program – Course Opportunities Biathlon Competition Introduction, Dryland and On-Snow Canmore – September/October 2013

Biathlon Alberta is offering the following NCCP biathlon coaching courses:

- NCCP Competition Introduction, Part 1 – Dryland
- NCCP Competition Introduction, Part 2 – On-Snow

These workshops include the following content:

Dryland

- Yearly Program Design
- Create the Training Environment
- Support the Athlete in Training
- Shooting

On-Snow

- Support the Athlete in Training - Skiing
- Analyze Technique - Skiing and Shooting
- Support the Competitive Experience
- Safe Performance Environment
- Waxing Skills

Schedule:

Competition Introduction, Dryland

September 13 – 15, 2013

Sept. 13 18:00 – 21:00

Sept. 14 12:00 – 16:00

Sept. 15 09:00 – 17:00

Prerequisite: None

Registration deadline: September 9th

Competition Introduction, On-Snow

October 12/13, 2013

09:00 – 17:00 both days

Prerequisite: Part 1-Dryland

Registration deadline: October 7th

Location: Canmore Nordic Centre

Facilitator: Alan Ball

Fee: **\$250** per course (*payable at the course by cheque or cash, includes course materials*)

To Register/ Contact Andy Holmwood (andy@biathlon.ca) – please specify which workshop you wish to register for

More info: andy@biathlon.ca phone: 403.609.4746

More NCCP info: <http://biathloncanada.ca/dbfiles/2027.pdf>



Government
of Alberta

