

2. Shooting Seminar for Coaches July 11 – 14, 2013

Location: Canmore

This Seminar will feature renowned shooting expert Gerold Sattlecker from the University of Salzburg, in addition to retired Norwegian National Team athlete Harald Hanevold. The purpose of this seminar will be to enhance the effectiveness of coaches in the delivery of shooting training. This seminar is targeted at Biathlon Alberta club coaches.

3. Frozen Thunder Training Camp October 23 – 27

Location: Canmore

The focus of this camp will be on building training volume, and transition to on-snow from dry-land training. Evaluation tests will be performed at this camp, including Roller-Ski treadmill, Functional Movement, and Shooting tests.

All Biathlon Alberta athletes eligible for the 2015 Canada Games (born 1994 through 1997) are invited to attend this camp.

4. Prince George Training Camp January 28 – February 3*, 2014

Location: Prince George, BC

This camp will feature competition specific training at the Canada Games site, and will provide opportunities for venue familiarization and equipment testing and evaluation. Athletes selected to this camp will compete in the Western Canadian Championships.

This camp will be offered to 6 male and 6 female Canada Games-eligible athletes. A formal selection document for this camp will be released in October, 2013.

*Dates to be confirmed